

DVA PRODUCTIONS PRESENTS

MAKE IT "CRISPY"

Consent-Forward Creativity at Work

BY WINDY BORMAN

Fostering a consent-forward creative environment begins with defining and applying the 5 elements of consent to your creative productions.

www.WindyBorman.com



(c) DVA Productions

Defining Consent


PLANNED PARENTHOOD* CREATED THE ACRONYM "FRIES" AS A DEFINITION FOR ACTUAL SEXUAL ENCOUNTERS

While this causes some problems when we apply it to professional environments, the acronym is helpful as a starting place to understand consent.

CONSENT



Freely Given
Reversible
Informed
Enthusiastic
Specific

 Planned Parenthood*

FRIES stands for:

- **Freely given.** Consenting is a choice you make without pressure, manipulation, or under the influence of drugs or alcohol.
- **Reversible.** Anyone can change their mind about what they feel like doing, anytime. Even if you've done it before, and even if you're both naked in bed.
- **Informed.** You can only consent to something if you have the full story. For example, if someone says they'll use a condom and then they don't, there isn't full consent.
- **Enthusiastic.** When it comes to sex, you should only do stuff you WANT to do, not things that you feel you're expected to do.
- **Specific.** Saying yes to one thing (like going to the bedroom to make out) doesn't mean you've said yes to others (like having sex).



(c) DVA Productions

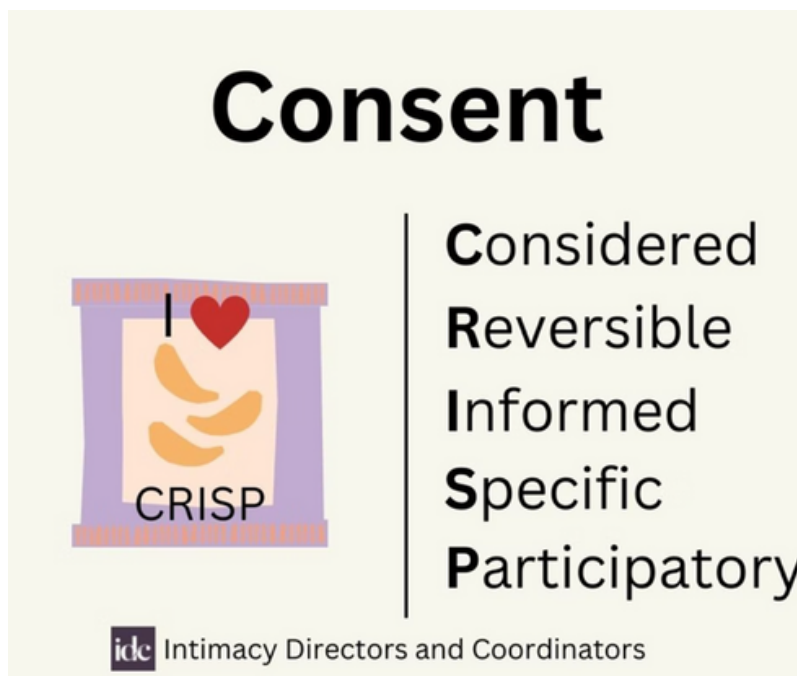
*Source: Planned Parenthood, "Sexual Consent"

<<https://www.plannedparenthood.org/learn/relationships/sexual-consent>>

Re-Defining Consent

IDC PROFESSIONALS* AMENDED THE ACRONYM TO "CRISP" FOR SIMULATED PERFORMANCES OF ROMANCE AND INTIMACY

IDC Professionals is one organization training Intimacy Practitioners and Consent-Forward Artists in the United States.



CRISP stands for:

- **Considered.** While we can't fully erase the power dynamics, systemic racism, and other effects of oppression that make freely given consent difficult at work, we can consider all the factors and information.
- **Reversible.** Anyone can change their mind about what they feel like doing at any time.
- **Informed.** Someone can only consent to something if they have the full story.
- **Specific.** Saying yes to one thing does not mean they've said yes to others.
- **Participatory.** People need to be involved in the decision-making process around what happens with and to their bodies!

Make It "CRISPy"

THINK OF ONE EXAMPLE WHERE YOUR PROFESSIONAL ENVIRONMENT DOES NOT MEET ALL FIVE (5) ELEMENTS OF CONSENT.

Let's make it "CRISPy":

- **Considered.** While you cannot erase all the power dynamics in the creative environment, what needs to be considered?
- **Reversible.** How will you communicate that anyone can change their mind about what they feel like doing at any time?
- **Informed.** What is the full story? How can you share all the information with the team?
- **Specific.** What are you specifically asking each person to do?
- **Participatory.** How can you get the whole team to participate in decisions?

How can you apply the CRISP acronym to your creative productions moving forward?

Learn more about Consent-Forward Creativity

 Follow @WindyBorman on LinkedIn

 Sign Up for my Newsletter

 Book a free 30-minute Virtual Coffee

www.WindyBorman.com

(c) DVA Productions